



Unity in Duality®

## UNITY IN DUALITY TRAINING

**Indo-Tibetan Inner-science of Mind and Phenomena**  
**Based on text extracts from ancient Nalanda University**  
**Drawn by the exceptional scholar**  
**Tarab Tulku XI (1935-2004), Lharampa Geshe/Dr.**

**Explore the wisdom of Indo-Tibetan inner-science, now for the first time made available in DK, in a form fitting the present time, revealing its' true magnitude.**

**TARAB INSTITUTE DANMARK, SWEDEN & FINLAND PRESENTS**

**MODULE I, part 1 start: May 15<sup>th</sup> – May 19<sup>st</sup> 2019**

**A 3-module Educational program, *consisting of 12 courses, with 3 courses/year, held at Strandgården, Helgenæs, Djursland, Denmark***  
***30 km from Aarhus airport and railway station.***

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The UD education program is the culmination of Tarab Tulku's life long study and research. It is based on ancient Nalanda University literature and tradition, ***taking us beyond cultural and religious boundaries*** and provides knowledge and insights into the philosophy and psychology underpinning all the ancient Indian spiritual traditions.

This insight has been extracted and ***presented in an applicable way for modern people***, bringing about genuine material for ***personal development, for improving relationship to oneself and others and enhancing a deep inner ethical condition.***

The UD curriculum is taught through a ***unique methodology, combining the review of written text, investigative meditations, methods and practical application within the frame of student's own circumstances.*** This UD Training program is now comprised in 16 textbooks combined with explanatory diagrams.

The head of the UD Educational Program is Lene Handberg, who was working closely together with Tarab Tulku for 25 years, establishing and teaching the UD Educational Program in Europe and India. Tarab Tulku granted her the degree of Semrig Thablam Rabjam (Mastering the inner-science and it's application).

Course price: 2.700DK (2.200 DKK couples and pensioners & 1.800 DKK students)/course

Food and lodging: 500 DK/day = 2.500 DK/course

Registration: [Deposit on 1000 DKK/ 1333 SEK/ 133 EURO to TI-DK: Account nr. 1551 12450133 \(Danske Bank, Horsholm, Denmark\)](#) - Further Info: [mortenrolighed.jensen@gmail.com](mailto:mortenrolighed.jensen@gmail.com)

Website Tarab Institute Inter: <http://www.tarab-institute.org>

Website Strandgaarden (course place): <https://www.strandgaardenretreat.dk/faciliteter>